









**Reflection and endpoint assessment**

5 mins

Ask pupils to reflect on their learning in the lesson using 'three-two-one'. Pupils record three things they learned from the lesson, two things they found interesting and one question they have.

- *Three things I have learned are....*
- *Two things I found interesting are....*
- *One question I have is....*

Pupils could record their questions on separate slips of paper and add to the anonymous question box if they wish. Allow time to address these when possible, either individually or with the whole class, in this lesson or in subsequent lessons in the unit of work.

**Signposting support**

5 mins

Make sure pupils know that if they have questions or concerns about puberty, they can talk to a trusted adult (like a parent/carer or teacher). In addition, signpost pupils to Childline: [www.childline.org.uk](http://www.childline.org.uk) or phone 0800 1111 to talk to someone.

**Agony aunt**

Share with pupils the following question from a young person their age:

I feel a bit scared about puberty, and I'm not sure what to expect, can you help?

Ask pupils to give advice to the young person, writing their response on a postcard or as a letter.

































































